

# Health & Safety Policy Statement for:



Disability Sport Glasgow is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always of paramount concern. We recommend levels of training dependent on age and ability, and expect our athletes to participate within these boundaries.”

## HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Partner with venue and facilities to ensure they create a safe environment putting health and safety measures in place as identified by the assessment
- Undertake regular, recorded risk assessment of the premises and all activities undertaken by the DSG.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the DSG’s Health and Safety policy.
- Appoint a competent DSG member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any DSG activity or whilst on the DSG or venue premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

## AS A DSG MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the DSG on health and safety issues.
- Correctly use all equipment provided by the DSG.
- Not interfere with or misuse anything provided for your health, safety or welfare.

**DSG HEALTH AND SAFETY OFFICER:** .....

**FIRST AID:** Location of first aid facilities: .....

Location of telephones: .....

## QUALIFIED FIRST AIDERS:

1 .....

2 .....

## Document Control

Approved by: DSG Executive Committee

Approval Date: October 2023

Review Date: April 2025